

## C.I.T.E. LEARNING STYLES INSTRUMENT

From the Center for Innovative Teaching Experiences  
C.I.T.E Learning Styles Instrument

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	Most Like Me		Least Like Me	
1. When I make things for my studies, I remember what I have learned better.	4	3	2	1
2. Written assignments are easy for me to do.	4	3	2	1
3. I learn better if someone reads a book to me than if I read silently to myself.	4	3	2	1
4. I learn best when I study alone.	4	3	2	1
5. Having assignment directions written on the board makes them easier to understand.	4	3	2	1
6. It's harder for me to do a written assignment than an oral one.	4	3	2	1
7. When I do math problems in my head, I say the numbers to myself.	4	3	2	1
8. If I need help in the subject, I will ask a classmate for help.	4	3	2	1
9. I understand a math problem that is written down better than one I hear.	4	3	2	1
10. I don't mind doing written assignments.	4	3	2	1
11. I remember things I hear better than I read.	4	3	2	1
12. I remember more of what I learn if I learn it when I am alone.	4	3	2	1
13. I would rather read a story than listen to it read.	4	3	2	1
14. I feel like I talk smarter than I write.	4	3	2	1
15. If someone tells me three numbers to add I can usually get the right answer without writing them down.	4	3	2	1
16. I like to work in a group because I learn from the others in my group	4	3	2	1
17. Written math problems are easier for me to do than oral ones.	4	3	2	1

18. Writing a spelling word several times helps me remember it better.	4	3	2	1
19. I find it easier to remember what I have heard than what I have read.	4	3	2	1
20. It is more fun to learn with classmates at first, but it is hard to study with them.	4	3	2	1
21. I like written directions better than spoken ones.	4	3	2	1
22. If homework were oral, I would do it all.	4	3	2	1
23. When I hear a phone number, I can remember it without writing it down.	4	3	2	1
24. I get more work done when I work with someone.	4	3	2	1
25. Seeing a number makes more sense to me than hearing a number.	4	3	2	1
26. I like to do things like simple repairs or crafts with my hands.	4	3	2	1
27. The things I write on paper sound better than when I say them.	4	3	2	1
28. I study best when no one is around to talk or listen to.	4	3	2	1
29. I would rather read things in a book than have the teacher tell me about them.	4	3	2	1
30. Speaking is a better way than writing if you want someone to understand what you really mean.	4	3	2	1
31. When I have a written math problem to do, I say it to myself to understand it better.	4	3	2	1
32. I can learn more about a subject if I am with a small group of students.	4	3	2	1
33. Seeing the price of something written down is easier for me to understand than having someone tell me the price.	4	3	2	1
34. I like to make things with my hands.	4	3	2	1
35. I like tests that call for sentence completion or written answers.	4	3	2	1
36. I understand more from a class discussion than from reading about a subject.	4	3	2	1

37. I remember the spelling of a word better if I see it written down than if someone spells it out loud.	4	3	2	1
38. Spelling and grammar rules make it hard for me to say what I want to in writing.	4	3	2	1
39. It makes it easier when I say the numbers of a problem to myself as I work it out.	4	3	2	1
40. I like to study with other people.	4	3	2	1
41. When teachers say a number I really don't understand it until I see it written down.	4	3	2	1
42. I understand what I have learned better when I am involved in making something for the subject.	4	3	2	1
43. Sometimes I say dumb things, but writing gives me time to correct myself.	4	3	2	1
44. I do well on tests if they are about things I hear in class.	4	3	2	1
45. I can't think as well when I work with someone else as when I work alone.	4	3	2	1

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Score Sheet

Visual Language

5 - \_\_\_\_\_

13 - \_\_\_\_\_

21 - \_\_\_\_\_

29 - \_\_\_\_\_

37 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)  
(Score)

Social Individual

4 - \_\_\_\_\_

12 - \_\_\_\_\_

20 - \_\_\_\_\_

28 - \_\_\_\_\_

45 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)

Auditory Numerical

7 - \_\_\_\_\_

15 - \_\_\_\_\_

23 - \_\_\_\_\_

31 - \_\_\_\_\_

39 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_

Visual Numerical

9 - \_\_\_\_\_

17 - \_\_\_\_\_

25 - \_\_\_\_\_

33 - \_\_\_\_\_

41 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)

Social - Group

8 - \_\_\_\_\_

16 - \_\_\_\_\_

24 - \_\_\_\_\_

32 - \_\_\_\_\_

40 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)

Kinesthetic - Tactile

1 - \_\_\_\_\_

18 - \_\_\_\_\_

26 - \_\_\_\_\_

34 - \_\_\_\_\_

42 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)

Auditory Language

3 - \_\_\_\_\_

11 - \_\_\_\_\_

19 - \_\_\_\_\_

36 - \_\_\_\_\_

44 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)

Expressiveness - Oral

6 - \_\_\_\_\_

14 - \_\_\_\_\_

22 - \_\_\_\_\_

30 - \_\_\_\_\_

38 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)

Expressiveness - Written

2 - \_\_\_\_\_

10 - \_\_\_\_\_

27 - \_\_\_\_\_

35 - \_\_\_\_\_

43 - \_\_\_\_\_

Total \_\_\_\_ x2= \_\_\_\_ (Score)

Score:      33-40 = Major Learning Style  
              20-32 = Minor Learning Style  
              5-20 = Negligible Use